

It's time to shovel again!



After this recorded 8.5-inch snowfall it's time to break out your shovels and go to work. The city requires owners and tenants to clear all sidewalks within 24 hours after a 2-inch snowfall.

What does clearing my sidewalk mean?

It means you must shovel the full width of the sidewalk down to the concrete. Having these walkways clear is essential for residents trying to go places, taking their pet for a walk, postal workers to deliver your mail, emergency services to access your home and most importantly children traveling to and from school.

Shoveling snow is a task most people don't look forward to, but clearing your sidewalk, steps and driveway after a snowfall can be made easier with the right tools and technique. Stay on top of it! Shoveling during a snowfall helps. Be sure to get out there as soon as you hear the plows

go by. This will ensure the snow will be soft and easier to shovel. Waiting until the next day almost guarantees the snow will become hard and frozen, requiring more work to break up and clear. Be sure to help your neighbor if you are able, Rhinelander is a great community it's what we do! If the house next door is vacant be sure to report it through our City website. We'll be happy to get those sidewalks cleared. That can be reported by clicking this link: <https://portal.laserefiche.com/o4356/forms/PropertyComplaint>

Here are a few tips:

1. Safety

Removing snow is a labor-intensive chore that can also be dangerous. Muscle injuries, bone fractures, cuts and shoveling snow. Take precautions to prevent injury with these safety tips.

- Don't overdo it. Cold temperatures cause your arteries to constrict, making your heart work harder. This, combined with the physical exertion, makes some individuals more susceptible to a heart attack.
- If you experience any discomfort in your chest, shortness of breath or other signs of a heart attack, seek medical attention immediately.
- Warm up. Prepare for the physical activity by warming up before you begin shoveling, just as you would for other forms of exercise. Loosen up with stretches and bring your heart rate up gradually with light calisthenics.
- Pace yourself. Work in sections with short breaks in between.
- Work smart. Shoveling lighter amounts of snow for twice as long can be less strenuous and more effective than heaving heavy scoops.
- Dress appropriately for the task. Keep your body and extremities covered to keep your skin and muscles warm. Avoid injury from falls by wearing sturdy boots and use caution when on slippery snow and ice.

2. USE THE PROPER TOOLS

Using the right equipment can make help reduce the chance of injury and also make your snow removal job easier. Need something today? We'll deliver on your schedule. Order before noon for convenient scheduled same-day delivery.

- Snow shovels with ergonomic handles can reduce strain on your back and promote better hand positioning and encourage better foot placement to bring greater leverage while shoveling.
- Snow shovel blades can be made of metal or plastic. Metal blades can work better for hard-packed snow. A coating of non-stick cooking spray on the shovel blade can prevent snow and ice from sticking to it.

- Shovels are used for scooping and throwing accumulated snow from sidewalks and driveways but there are other snow removal tools designed for smaller amounts and for specific areas.
- Snow pushers have curved blades that often are broader than typical snow shovels. They are designed to plow, push and roll lesser accumulations of snow and slush from wide areas.
- Roof Rakes are more commonly used in regions that have regular significant snowfall. The telescoping handles permit removing snow from roof while standing on the ground.
- Ice scrapers come in a variety of styles for certain tasks. A common car ice scraper/snow brush can be used to clear your windshield. A snow broom with a longer handle can be used to push heavy, wet snow off the roof, hood and trunk of your vehicle. A sidewalk scraper with a heavy metal blade will chip through accumulated ice.

Once you've finished shoveling, spread ice melt around the area to remove remaining snow and ice.

Using a snow blower can be helpful if you live in a region that regularly receives significant snowfall.

3. Use Proper Snow Shoveling Technique



Using the proper technique for shoveling snow can prevent injury and increase efficiency.

- Bend your knees and lift with your legs.
- Grip near the shovel blade to keep it close to you when lifting the snow to reduce strain on your back.
- Work different muscles by switching between a right-handed and left-handed stance.
- The scoop doesn't need to be full, even if you have a high-capacity shovel blade. Shoveling smaller amounts for twice as long can be less strenuous than trying to toss heavy chunks. If eight inches of snow has fallen, for example, take four inches with each scoop. You'll also be able to aim your tosses better with a lighter load

We hope these tips might help in your efforts. Any questions please contact me 715-365-8600 Ext.502

Thank You!!!

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